

# NADplus+

COMPLEX



*Great longevity,  
healthspan &  
beauty starts  
from within*

NADplus+ Complex  
**Training**

**LARGAVITA**  
Bioscience

## Our time on earth has doubled in a 100 years

Mankind's living years on earth are getting longer and longer with each generation and we are currently wired for a 120 year of earthly stay in our genes. Life expectancy is up from 40 years in Caucasian women in 1890, to an average of 93 years in the early 21st century. This will increase by 25 years with each 100 year with a possibility of reaching ages of 150 years by 2150!

## This is exciting but challenging

Unfortunately, it is all but an exciting picture given the general look and condition of the average person reaching 80 years and above today. So many of these people are limited in mobility with a great number being very challenged in mental faculties. On top of this, physical appearance in most of these people leaves a lot to be desired. The urgent challenge facing us is healthy ageing, which will ensure a long good life.

## Our planet is worse, yet we become older!?

The increased longevity is a direct result of improved sanitation, hygiene, immunization and modern western medicine. The sad fact is that a longer lifespan does not equal a longer health span or a longer beauty span. Attempts to improve the latter in a preventative way have only seen the light in the last decade with anti-ageing movements springing up sporadically across the globe.

Why these attempts? Inflammation and DNA damage is highly associated with the massive amounts of toxins modern man is facing, which the human body cannot cope with, resulting in increased levels of free radicals and inflammatory damage. The speed of modern life with its multitude of stressors, little sleep, less exercise and poor toxic diets, compounds the problem of increased inflammation in the human body through high quantities of free radicals.

## The focus is shifting..

The focus has started to shift from curing diseases and treating symptoms medically to preventing diseases and extending health span by means of changing lifestyle, diets and supplementing with nutraceuticals. A huge body of research on the causes of premature ageing and degenerative disorders has emerged over the last couple of decades. All the research available, points towards inflammation and DNA damage, as the main contributors toward premature and accelerated ageing.

## Largavita's answer: NADplus+ complex

Largavita Bioscience®, based on these demands facing modern man, has launched a very unique scientific product called **NADplus+ Complex**®. It is a Nutraceutical combination with 19 active ingredients and has the capacity to slow down and even prevent some of the degenerative changes characteristic of ageing. It is on an enormous volume of scientific facts and evidence that Largavita Bioscience® has designed this natural, powerful, combination of Nutraceuticals with its only aim to contribute to Healthy Ageing and supporting a long health span.

The unique combination of Nutraceutical ingredients in **NADplus+ Complex** comes in three complexes, each with a distinctive goal to inhibit ageing.

The Antioxidant Complex prevents the cell damage done by free radicals in the body whilst the Detoxifying complex aids the liver to get rid of the many toxins of modern life. Both these complexes will thus slow down degeneration and ageing by blocking the inflammation caused by free radicals and toxins in the body and skin cells.

The third complex is the headline making anti-ageing supplement NAD+. This unique coenzyme, which is present in all cells, enhances metabolism and generates energy in cells. NAD+ also modulates multiple key factors in the prevention of cell death, the best known one, being the protection of DNA telomeres in cells. Preserving telomere length is critical for cell longevity and ageing.



## *The three complexes in NADplus+ Complex*

### **Anti-oxidant Complex:**

Actively targeting free radicals, providing added protection against inflammation

### **NAD+ Complex:**

Enhances cell energy, protects DNA and has science proven anti-ageing properties

### **Detoxification Complex:**

Liver regeneration and detoxification

## **The Unique Antioxidant Complex:**

The unique combination of Nutraceuticals in NADplus+ Complex has a tremendous capacity to slow down the ageing of cells in the human body. Aspects of this capacity lies locked up in the antioxidant properties of many of the ingredients in NADplus+ Complex. Cells in the body are very sensitive to inflammation and will age and die prematurely if exposed to unnecessary inflammation. Modern life with its many stressors, like the high levels of emotional pressure, increased exposure to environmental toxins and toxins in our diets, give rise to increased levels of free radicals in the body. These free radicals circulate in our systems and induce cell changes and thus damage by robbing cells of electrons with ensuing inflammation on a large scale at cellular level. This process of being robbed of electrons is called oxidation, which alters the structure of the cells involved. Changed cells are then prone to the normal physiological process of inflammation which is triggered via many endogenous hormones and chemicals produced by the body.

Protection against free radicals in the system is supplied by antioxidants made by the body. Due to the overload of free radicals in modern life and the excessive demand on the body's natural supply of antioxidants, supplementation with antioxidants has become a necessity. This is where NADplus+ Complex is particularly advantageous by means of its abundant content of water and fat-soluble antioxidants, which will take care of free radicals in the circulation and in the cells.

The various natural antioxidants in NADplus+ Complex have the potential to reduce the load of free

radicals in the body significantly, which in turn slows down inflammation, cell damage and premature cell ageing and cell death.

## **NADplus+ Complex: Cell Energy Booster with DNA protection**

NADplus+ Complex offers the exciting inclusion of the core ingredient NAD+ (nicotinamide adenine dinucleotide). This is a naturally occurring coenzyme (catalyst for many enzymes) in human cells, with a critical role in the mitochondria, the power plants of all cells. By regulating the metabolism of cells, it has an important role to play in the ageing of mammals through a unique role in the production of ATP from the oxidation of fuel molecules in our cells.

NAD+ acts as an oxidation-reduction coenzyme because it contains the pyridine ring structure of the vitamin niacin, which accepts electrons when fuel molecules are oxidized. Stabilized oral NAD+ as a nutritional supplement thus plays an important role to prevent energy deficiency in tissues. Cells having more fuel via NAD+, have more energy, function much better, live much longer and stay healthy.

It is the first scientifically proven supplement for anti-ageing. It has received wide media coverage over the last couple of years exactly because of this fact. Studies on mammals showed as we age and NAD+ concentrations decline, direct DNA damage accumulate. This process is rapidly reversed if NAD+ is restored in abundance. This protein to protein interactions may also protect against cancer, radiation, and ageing. Certain very important proteins, the Sirtuins, act as enzymes which regulate a variety of biological processes in the body such as the stress response, differentiation of cells, cell metabolism and the ageing process. NAD+ is an essential substrate for the Sirtuins in the execution of all these functions. By activating the Sirtuins, NAD+ has been shown to play an important role in extending lifespan. NAD+ is also a coenzyme with a critical role in the mitochondria, the power plants of all cells. By regulating the metabolism of cells it possibly has an important role to play in the ageing of mammals. NAD+ also resets the "body time clock" enabling cellular rejuvenation and wellbeing.

NAD+ also modulates multiple key factors in the process of cell death. This Sirtuin induced anti-ageing potential of NAD+ is further strengthened by the Biopeptide isolates in NADplus+ Complex. Studies also confirmed the anti-ageing effects via decreased error – protein synthesis expressed by DNA. The lengths of specific regions of DNA, called telomeres at the periphery of chromosomes, are critical in ageing. The telomeres protect cells during replications from premature ageing and dying. NAD+ protects telomeres against shortening, thereby enhancing longevity of cells. The Vitamin D3 in NADplus+ Complex controls the expression of 223 genes in our body. It is actually a prohormone with huge body of science proving its cancer preventing properties and massive role in maintaining DNA integrity in our bodies.

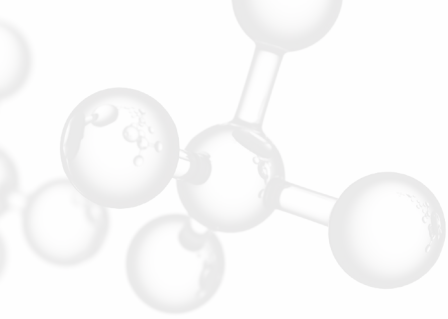
It further assists to possibly renew the DNA in cells to enable the body to produce more life supporting stem cells. In this way it supports a physical "age reversal" from the inside out, making it easy and affordable to look and feel younger again.

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**Boost  
Longevity**



## Detoxification Complex

NADplus+ Complex contains multiple amino acids (alpha lipoic acid, N-acetyl-cysteine, glycine, L-Carnosine and L-proline) involved in the second phase of the liver's detoxification. This biotransformation phase of liver detoxification is extremely important in ridding the body of numerous endogenous toxins produced in the body.

Environmental toxins, of which the load has increased alarmingly in modern life, are also detoxified by this phase in the liver. These toxins produce low grade inflammation in the body, the most important process inducing degeneration and premature ageing in the body. Some of the other potent ingredients, like resveratrol in NADplus+ Complex also serve as substrates for this very important phase of detoxification in the liver. This greatly improves the body's ability to reduce its circulating free radical load.

Decreasing free radicals in the body leads to less inflammation and thus premature ageing and death of cells. NADplus+ Complex also increases the levels of Glutathione (the most important endogenous antioxidant in the human body.) Certain amino acids included in NADplus+ Complex have proven anti-ageing effects on cells as well as collagen protection and possibly skin whitening abilities.

The Metallothionein gene expression inducer in NADplus+ Complex not only activates enzymes involved in phase two detoxification of the liver, but may provide protection against metal toxicity and skin damage by ultraviolet exposure. Resveratrol as an ingredient not only enhances phase 2 liver detoxification but has numerous other advantages of which one is the beneficial effects in sugar and weight regulation.

The addition to NADplus+ Complex of certain crucial minerals, known to be beneficial in preventing cell ageing and protecting the neurons of the brain makes this nutraceutical combination even more dynamic and attractive as a possible cell anti-ageing supplement.



## The 19 ingredients

Nicotinamide Adenine Dinucleotide (NAD)	75 mg
Calcium Ascorbate	280 mg
N-Acetyl Cysteine	150 mg
Trimethyl Glycine	120 mg
Magnesium Gluconate	100 mg
Trans-Resveratrol	80 mg
Co-enzyme Q10	75 mg
Alpha Lipoic Acid	50 mg
L- Carnosine	50 mg
L-Proline	50 mg
Nicotinic Acid	50 mg
L-Glycine	25 mg
Royal Jelly	25 mg
Broccoli Sprout Extract	20 mg
Zinc Gluconate	10 mg
Astaxanthin	4 mg
Vitamin D3	1000 IU
D-Biotin	0,053 mg
Selenium amino acid chelate 2%	0,05 mg



## **NADplus+ Complex** has the following advanced healthy ageing properties contained in the 19 active ingredients:

- Excellent anti-oxidative characteristics
- Collagen boosting effects
- Detoxification enhancement
- Anti-inflammatory qualities
- Improved immunity
- Improved skin hydration
- Energy boosting of human cells
- Promotion of cell longevity
- DNA protection

### **Key notes on some of the ingredients:**

#### ***NAD+ (Nicotinamide adenine dinucleotide)***

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NAD<sup>+</sup> acts as an oxidation-reduction coenzyme because it contains the pyridine ring structure of the vitamin niacin, which accepts electrons when fuel molecules are oxidized. Stabilized oral NAD<sup>+</sup> as a nutritional supplement thus plays an important role to prevent energy deficiency in tissues. Cells having more fuel via NAD<sup>+</sup>, have more energy, function much better, live much longer and stay healthy. NAD<sup>+</sup> also resets the “body time clock” enabling cellular rejuvenation and wellbeing. It further assists to possibly renew the DNA in cells to enable the body to produce more life supporting stem cells. In this way it supports a physical “age reversal” from the inside out, making it easy and affordable to look and feel younger again.

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#### ***Alpha Lipoic Acid***

Orally, alpha-lipoic acid can be taken as a supplement to improve the health of the cells throughout the body and have positive effects on the skin. It is widely known as the “Universal Anti-Oxidant”. In addition to potential anti-ageing benefits, studies are under way to determine if alpha lipoic acid can help reduce skin inflammation and detoxify the body and skin.

Some research suggests that alpha lipoic acid may also help reduce blood sugar levels in diabetics. If this theory holds true, people who are suffering from acne, rosacea and other skin problems that are triggered by fluctuating blood sugar levels may benefit from alpha lipoic acid supplementation.

### ***Astaxanthin***

Orally Astaxanthin found in the Antioxidant complex of NADplus+ Complex has been shown in the lab to be the strongest natural antioxidant known. It comes from marine algae and is the carotenoid that gives flamingos and salmon their rosy hue; it has been measured to be many times (up to 60 times) more potent in some ways than Vitamin E, Vitamin A, lutein or pycnogenol. Many of the world's leading anti-ageing experts, highly recommends Astaxanthin for reducing wrinkles and age spots, improving moisture levels, elasticity, smoothness, and radiance. The primary benefits of Astaxanthin benefits come from its anti-inflammatory properties. Astaxanthin, as part of NADplus+ Complex antioxidant complex, in tandem with the detoxification substrates forms a formidable force against free radicals and inflammation.

### ***Biotin***

It is a water-soluble vitamin also known as vitamin B-7. It is a coenzyme -- or helper enzyme -- for numerous metabolic reactions in the body. D-biotin is involved in lipid and protein metabolism and helps convert food into glucose, which the body uses for energy. Biotin deficiency can cause hair thinning and loss (alopecia) or skin rash typically on the face as well as brittle and thin fingernails. Neurological symptoms in adults, such as depression, lethargy, hallucination, and numbness and tingling of the extremities may also occur when Biotin deficiency exist.

### ***Coenzyme Q10 (CoQ10)***

Advanced Glycation End products, or "AGEs" as they're appropriately called, are the end result of the complex chemical process through which the structure of proteins are warped by exposure to sugars. AGE chemistry is the cause of the "browning" you see when you roast a chicken or make toast, but the same "browning" chemistry is at working your body every day of your life. Make that: Ageing YOU. The results: show loss of function, disease, ageing, and ultimately an early grave. AGEs transform the supple grace of youth into old age. AGEs in tissues increase the rate of free radical production to 50-times the rate of free-radical production by un-glycated proteins.

CoQ10 and resveratrol can help against the AGE onslaught to stop AGE formation at the most important point in the processes used for stress, improving athletic performance and ageing.

### ***Glycine (amino acid)***

High concentrations of glycine are found not only in the muscles, but in the skin and other connective tissues as well. Almost a third of collagen, which keeps the skin and connective tissue firm and flexible, is composed of glycine. Without glycine the body would not be able to repair damaged tissues; the skin would become slack as it succumbs to UV rays, oxidation, and free radical damage, and wounds would never heal.

### ***L-Carnosine***

One of the most popular anti-ageing substances known is Carnosine or L-Carnosine. It is a natural dipeptide present in all body cells. Its concentration decreases with age, and its decrease is intimately linked with the ageing process. It is commonly called "the fountain of youth". Ingested it reverses the signs of ageing. It has a rejuvenating effect on all cells and is one of the "strongest anti-oxidants known, with incredible benefits to the skin. Carnosine helps to prevent skin collagen cross-linking which leads to loss of elasticity and wrinkles, macro-molecular disorganization, and loss of extra cellular matrix. It also rejuvenates each cell of the skin and subcutaneous tissues and is therefore a most valuable anti-ager. It helps the entire body, not only the skin, and it is therefore a more holistic approach to reverse ageing. It inhibits glycation and has antioxidant metal chelating activity. Skeletal muscle concentrations of carnosine correlate with lifespan in mammals This enigmatic dipeptide also suppresses cultured human fibroblast senescence and induces rejuvenating effects through telomere shortening.

### ***L-Proline (amino acid)***

Also included in NADplus+ Complex is L-Proline, an oral Casein peptide, commonly used for enhancing collagen and elastin in the skin, and reducing stress and fatigue.

Proline is best known for being one of the main components of collagen protecting its stability. This is crucial to inhibit accelerated ageing in cartilage, ligaments, joints and the skin. It seems to be even more productive if this nutrient is combined with vitamin C, hence the choice to include both in NADplus+ Complex.

### ***Magnesium***

This is really the most important mineral when it comes to supplementation. The National Institutes of Health (NIH) in the UK lists magnesium as being necessary for more than 300 biochemical reactions in the body, from helping maintain normal muscle (with potential for sports nutrition) and nerve function, to keeping heart rhythm steady, supporting a healthy immune system, and keeping bones strong. The mineral is also needed for blood sugar management, and healthy blood pressure. The European Food Safety Authority (EFSA) has issued positive opinions on magnesium and the maintenance of normal bone, teeth, and protein synthesis; the reduction of tiredness and fatigue; and normal energy-yielding metabolism. It is increasingly recognised for its role in neurotransmission, brain health and muscle contraction. Several meta-analyses and high-profile studies have been published in recent years supporting the mineral's benefits for metabolic pathways, blood pressure, reducing the risk of stroke and reducing the risk of colon cancer.

Magnesium plays an important role in glucose control via glucose oxidation. It also modulates glucose transport across cell membranes. One study found that low serum magnesium level is a strong, independent predictor of incident type 2 diabetes.

### ***N-Acetyl Cysteine (NAC)***

N-Acetyl Cysteine (NAC) is a metabolite of the Sulphur-containing amino acid, Cysteine. Cysteine plays a role in the sulfation cycle, acting as a Sulphur donor in phase II detoxification and as a methyl donor in the conversion of homocysteine to methionine. Cysteine also helps synthesize glutathione, one of the body's most important natural antioxidants and detoxifiers. N-Acetyl Cysteine is rapidly metabolized to intracellular glutathione. Glutathione acts as a powerful antioxidant in the body and detoxifies chemicals into less harmful compounds.

Heavy metals like lead, mercury and arsenic are detoxified and removed from the body by N-Acetyl Cysteine. NAC repairs oxidative damage in cells and is essential in DNA Synthesis. Studies done on NAC show a reduction in some skin cancers by 80%.

### ***Niacin (Vitamin B3)***

The B vitamins as a group consist of eight different water-soluble vitamins that are found in a variety of foods. New insights are examining its role as an effective treatment for several skin conditions—from acne to photo ageing. Specifically noted that vitamin B3 has been found to increase collagen production in in vitro studies and to reduce skin hyperpigmentation. Niacin is a precursor of nicotinamide adenine dinucleotide (NAD<sup>+</sup>) and nicotinamide adenine dinucleotide phosphate (NADP), which is essential for oxidation-reduction reactions (neutralizing free radicals), ATP synthesis (energy production), and ADP-ribose transfer reactions assisting the energy transfer process. Cells with normal energy levels and transfer are healthy cells that live their expected life span.





## ***Resveratrol***

Resveratrol, a naturally occurring polyphenol, is found in various plants, including grapes (skins of red grapes), berries, cacao, and peanuts.

A study done in 2006 on mice reported increased longevity when given a resveratrol supplement. In this study it mimics the longevity effect of calorie-restricted diet, which helps extend lifespan. More and more interesting benefits from this red wine compound, including potential anti-cancer and anti- ageing activity are emerging today. Resveratrol has potent antioxidant activity and may help prevent free radical damage throughout the body thereby inhibiting chronic oxidative stress and inflammation.

Resveratrol in studies also showed protection against Ultraviolet A-mediated damage in the skin, (which is the UV with the greatest ageing effect on the skin). Proof also exist that it boosts the production of collagen and oppose menopausal symptoms and thus prevents osteoporosis. It inhibits tyrosine kinase, which is very involved in various degenerative diseases. Red wine has about 1.5 to 3 milligrams of resveratrol per liter.

## ***Royal Jelly (apis mellifera)***

This Biopeptide is a juvenile hormone isolate coming from bees. It is secreted from the hypopharyngeal and mandibular glands of worker bees to feed honeybee larvae during their first three days of life. It is the sole food for the honeybee queen during its life span and it is known that the honeybee queen lives for several years compared to a few months for the worker bee. Chemical composition shows that Royal Jelly is mainly composed of proteins, sugars, lipids, vitamins, free amino acids and many bioactive substances Therefore, Royal Jelly is extensively used as a cosmetic or dietary supplement due to the belief that it exerts, on human beings, similar effects as it does on honeybees.

Results showed that Royal Jelly decreased intracellular oxidation in a dose dependent manner. Additionally, it affected growth and cell energy metabolic activity in a growth phase dependent manner. Protein profile analysis showed that Royal Jelly in the cell does not act only as a scavenger of reactive oxygen species, but it also affects protein expression. Differentially expressed proteins were identified.

## ***Selenium***

Selenium, another type of essential mineral, may also help fight ageing. Specifically, selenium can help against cellular ageing that occurs in your brain, according to a study published in "Neurotoxicity" in 2010. As you age, your brain accumulates the toxic chemical methyl mercury, which contributes to the ageing process within your nervous system. Selenium can help neutralize methyl mercury, preventing its toxicity and helping to slow the ageing process. Selenium provides defense and repair against oxidative damage and can function both in central metabolism and DNA synthesis, while also playing a role in defense against reactive oxygen species. Researchers from Maastricht University in the Netherlands, the University of Queensland in Australia and the Queensland Institute of Medical Research report that higher blood levels of the essential mineral selenium can reduce the occurrence of skin cancer by around 60%. Cellular glutathione peroxidase (GPx1) has been shown to be a selenium dependent enzyme. Previous research has indicated that organic forms of selenium (like selenium-enriched yeast containing seleno-methionine) are less toxic and more bioavailable than the more inorganic forms such as sodium selenite.

## ***Sulforaphane (Broccoli extract)***

Sulforaphane an Isothiocyanate which is extracted from broccoli, boosts detoxifying and protective reactions in the skin, promotes cellular integrity. It has even been shown to repair DNA damage from things like ROS (Reactive Oxygen Species), chemicals, viruses and radiation. It has anti-inflammatory properties, supports the immune system and has anti-ageing benefits. It is also a metallothionein gene expresser, which helps the body get rid of dangerous metals. It also assists the liver with Phase II of detoxification.

### ***Trimethylglycine (TMG)***

This substrate is critical in the most important detoxification pathway in the liver called methylation. It is one of the most important steps in the detoxification cascade of the liver, without which toxic free radicals escalate. Without proper methylation the toxin load in the body is not maintained at low levels, followed by chronic inflammation.

### ***Vitamin C (Ascorbic Acid)***

Complimenting the antioxidants in the NADplus+ Complex, Vitamin C increases the healing rate of wounds, and burns and protects the skin in general. Vitamin C also has anti-glycation properties as well as its most universally well-known antioxidant and anti-inflammatory protection in the body.

Vitamin C, a water-soluble vitamin (also known as ascorbic acid) is found in citrus fruits and dark green leafy vegetables, plays an essential role in the production of collagen and elastin. Because of its antioxidant properties, vitamin C reverses the negative effects of UV radiation in the skin and indirectly reduces pigmentation. It boosts collagen, new skin growth and rejuvenates the skin by strengthening it.

### ***Vitamin D3***

This incredibly important 'vitamin' in our bodies is a pro - hormone of which the final production in the skin is dependent on sunlight exposure. There are however also other physiologic and genetic factors involved in the production. That is why many sunny countries like South Africa and Australia have endemically low levels. Vitamin D3 is very important in the functioning and maintenance of more than 200 genes, with a critical role in DNA protection. This in turn makes it one of the most important ingredients in our bodies protecting us against cancers like breast and colon cancers.

A new study published in Cancer Epidemiology, Biomarkers & Prevention found that low vitamin D significantly increases overall cancer risk. Another study in the American Journal of Clinical Nutrition found that vitamin D can lower the chance you'll get cancer by 77 percent.

This is one of most important findings in modern medical history: Vitamin D is the best current hope for preventing cancer. Period. Aside from cancer prevention; vitamin D cools the fire of inflammation throughout our bodies. Less inflammation means stronger, pain-free joints, healthier heart and more healthy ageing of the whole body.

Vitamin D3 also:

- Enhances mood
- Boosts your immune system
- Prevents bone and muscle weakness
- Dramatically lowers risk of heart disease
- Prevents diabetes
- Fights arthritis, pain and inflammation
- Helps prevent Parkinson's disease and multiple sclerosis

### ***Zinc***

NADplus+ Complex also contains Zinc, which is used orally for treating many skin conditions like acne and eczema and anti-ageing. According to the University of California, Berkeley, zinc plays a role in regulating cellular ageing, a process called senescence. Zinc within your body helps your cells grow and develop properly, so they can contribute to healthy, functional tissue. As you age, the levels of zinc in your body decrease, and your tissue begins to lose the ability to maintain itself, leading to the effects of ageing.

## Broad summary of NADplus+ Complex

- Contains the world's first scientifically proven intra-cellular nutrient NAD+
- Contains Cell Proliferation Enhancers
- Optimizes cell metabolism and Energy Supply
- Improves General Detoxification diminishing inflammation the central theme in ageing
- Increases Cell Longevity via NAD+, Biopeptides and Vitamin D3
- DNA protection through Vitamin D3 and NAD+ enhancing health span
- Unique for radiant skin health and beauty via down ageing

### ***Other non-treatment benefits of NADplus+ Complex are:***

- Continuous research is being done on NADplus+ Complex by the Centre for Human Metabolomics at the NW University in SA
- This metabolomic platform is world renowned part of the Biochemistry Division of the North West University in South Africa
- All researched is carried out by Medical Scientists that are registered with the Health Professionals Council of South Africa and are not done on animals
- Ingredients listing certified by the Medicine Control Council of South Africa and every country where it will be marketed.
- Does not contain yeast, wheat, gluten, soy or dairy products
- Free of artificial preservatives, flavors or colors
- Does not contain sugar, salt or starch
- Suitable for vegetarians and Diabetics
- Capsules are manufactured under GMP pharmaceutical conditions to deliver clean and safe products of the highest quality based on the latest scientific evidence available conclusion.



## Summary:

We are living longer, but not necessarily **better lives**.

There is a need to **approach & manage ageing** in a forward, preventative & holistic way.

### **NADplus+ Complex** has 3 complexes aimed at preventing accelerated ageing

- Antioxidant Complex
- NAD+ Complex
- Detoxification Complex

It contains 19 ingredients all targeting **longevity** & health-span filled with vitality.

The aim and result is **healthy ageing** from the inside out.



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